



Secondary Endorsement Health 5-12

Students majoring in Secondary Education must complete the prescribed pre-education requirements, the requirements for the Secondary Education major, and at least one content endorsement. This endorsement can be completed in addition to the student's first content endorsement.

Students must earn a minimum 3.0 GPA in courses required for the major and each endorsement. The grade of B or above must be earned in designated education major pre-admission and major courses, and students must earn a grade of C or above in all other courses required for the major pre-admission courses, major, and each endorsement. Please see the university catalog for additional information.

Iowa Teaching Endorsement: #138

Requirements for the Endorsement: Methods coursework plus 25 credits content area coursework

Methods Coursework:

Essential Competencies-Outcome Skills

****Transfer courses do not receive outcome Skills****

				IL	W	O	Q	IC	V
	EDUC 328	Physical Education and Health Methods in the Secondary School	3						

Content Area Coursework

Essential Competencies-Outcome Skills

****Transfer courses do not receive outcome Skills****

				IL	W	O	Q	IC	V
	KINH 188	Personal and Community Health	3	x					
	KINH 205	Lifetime Fitness and Wellness	3						x
	PSYC 101	General Psychology	3		x				
	PSYC 277	Addictive Behaviors	3						
	PSYC 322	Marriage and Family	3						
	PSYC 363	Psychology and Health	3						
	PSYC 372	Human Sexuality	3						
	EDUC/SWRK 415	Impact of Mental Health and Trauma on Children/Youth: What to Know to Help	1						
	BIOL 140	Introduction to Nutrition	3					x	
CPR and Concussion Training Certificates are required to be on file with the Education Department at Grand View in order to obtain licensure.									
Those pursuing their bachelor of arts degree with a major in secondary education through Grand View must complete an approved endorsement in addition to this endorsement to be submitted for consideration for licensure.									

ANY CHANGES/SUBSTITUTIONS MUST BE APPROVED BY THE GRAND VIEW UNIVERSITY EDUCATION DEPARTMENT CHAIR.

This information must be used in conjunction with the 2025-2026 Grand View University Catalog and does not reflect a student's official record of progress. Students are expected to use the Progress tool found on myGVU > Tools > My Academics > 'Plan and register for courses' to monitor and plan coursework. Other available resources include: Course Planning Documents (found on myGVU under Academics and Advising Resources) and the faculty and staff who work with academic requirements.

After completing a first content endorsement in Physical Education or Family and Consumer Sciences, a Health Endorsement may be added.

Iowa Teaching Endorsement: #138

Requirements for the Endorsement: 19 semester credits if licensed as a Physical Education or Family and Consumer Sciences teacher

Essential Competencies-Outcome Skills

****Transfer courses do not receive outcome Skills****

				IL	W	O	Q	IC	V
This set of Health endorsement requirements can only be submitted in addition to a Physical Education or Family and Consumer Sciences endorsement.									
	EDUC/SWRK 415	Impact of Mental Health and Trauma on Children/Youth: What to Know to Help	1						
	KINH 188	Personal and Community Health	3						
	KINH 205	Lifetime Fitness and Wellness	3						x
	PSYC 101	General Psychology	3		x				
	PSYC 277	Addictive Behaviors	3						
	PSYC 322	Marriage and Family	3						
	BIOL 140	Nutrition for Everyday Life	3					x	
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